

Moving On

Activity

From the list of ideas you just made in “Hang Up Your Gloves,” pick a few and write them on the scorecard. Keep track of how many times you use your ideas each week. Make a copy of the scorecard and each time you use one of your ideas, give yourself a point. Every time you get five points, give yourself a star.

MOVING ON Scorecard

Ideas	Mon	Tues	Wed	Thurs	Fri	Sat	Sun