

The Good Stuff

Activity

Divide into two groups.

Give one group a recipe for “The Good Stuff” and have them follow the recipe for molding clay dough. Give the other group the list of ingredients for the good stuff, but do not tell them how much of each ingredient to use.

When both groups are finished, compare the results. Ask why the group without the recipe didn’t get the good stuff dough. What could have helped them? How are recipes like rules?

The Good Stuff Recipe

3 cups flour
1 ½ cups salt
3 tbsp. oil
1 cup water
1 tbsp. food coloring

Mix all ingredients except food coloring in a big bowl. Divide and separate the dough and add the food coloring to make different colors.

The Good Stuff Ingredients

Flour
Salt
Oil
Water
Food coloring

Mix all the ingredients except food coloring in a big bowl. Divide and separate the dough and add the food coloring to make different colors.