



Game

Sit in a circle with one less chair than there are people.

Choose one person to be in the middle. The person in the center is going to tell about something they have done or felt, and every person in the circle who has also done or felt that same thing has to get up and change seats.

The person in the middle will try to sit down as well, and the person left without a chair becomes the new person in the middle. Some ideas are:

- I helped someone get on the bus.
- I have played with someone new in school.
- I sat next to someone who was all alone.
- I said hello to the new kid in school.
- I am scared of the dark.
- I feel happy when I get a present.
- I have gotten mad at my brother/sister.

It is important to remember we still share similar experiences, even though they are not exactly the same.